

v2 I am ____	Required Kicks	Required Patterns	One step sparring/ grabs	Sparring	Required breaks (# of boards/tiles can vary due to age, weight etc)	Cumulative competition experience (sparring or poomsae)	Min. time since last grading	Recommended number of classes
White belt to yellow tip (people usually skip this and do the white belt to yellow belt grading)	Front kick, side kick	Right hand pattern, Left hand pattern						
White belt to Yellow	Front kick, side kick turning kick	Right hand						10
		Left hand						
		Chon ji						
		Tuesday and Thursday students Taeguk 1 and chonji						
		NSGHS students: Right hand Left hand Chonji						
Yellow to Green tip	Above +						3 months	20
	Axe kick, crescent kick, back kick, reverse turning kick	chonji, Dan gun (yellow belt pattern)						
		Tuesday and Thursday students: Taeguk 1 and Chonji						
		NSGHS students: Dan gun Taeguk 1 Chonji						
Green tip to Green	As above	Dan gun, Do San (green tip)	at least 3	Yes			3 months	20
		Tuesday and Thursday students Taeguk 1 and 2						
		NSGHS students: Dan gun, Do San Taeguk 1 and 2						
Green to Blue tip	As above	Dan gun, Won Ho (green)	at least 3	Yes			3 months	20
		Tuesday and Thursday students taeguk 2 and 3						
		NSGHS students: Do San, Won Ho Taeguk 2 and 3						
Blue tip to Blue	As above	Won ho, Yul Gok (blue tip)	at least 4	Yes		At least 1 competition (sparring and/or	3 months	20
		Tuesday and Thursday students Taeguk 3 and 4						
		NSGHS students: Won Ho, Yul Gok Taeguk 3 and 4						



Blue to Red tip	As above	Yul gok Jung Geun (blue)	at least 4	Yes			3 months	20
		Tuesday and Thursday students Taeguk 4 and 5						
		NSGHS students: Yul gok, Jung Geun Taeguk 4 and 5						
Red tip to Red	As above	Jung Geun, Toi Gye (red tip)	at least 5	Yes			3 months	20
	+ crescent kick , spinning turning kick (tornado kick)	Tuesday and Thursday students Taeguk 5 and 6						
		NSGHS students Jung Geun, Toi Gye Taeguk 5 and 6						
Red to black tip	As above	Toi Gye, Hwarang (red belt)	at least 5	Yes		At least 2 competitions (sparring and/or	3 months	20
		Tuesday and Thursday students Taeguk 6 and 7						
		NSGHS students Toi Gye, Hwarang Taeguk 6 and 7						
Black tip to Cho dan bo (Black belt)	As above	Hwarang, Choong moo (black tip)	at least 6	Yes			3 months	20
		Taeguk 1-4						
		Tuesday and Thursday students Taeguk 7 and 8 and yellow belt through to blue tip						
Cho dan bo to 1st Dan	As above	All previous patterns	at least 6	Yes	Flying side kick (3 people)		6 months	60
		Jung Geun			Turning kick 1 inch board			
		Toi Gye			Side kick 1 inch board (1")			
		Koryo			Tiles			
		(Previous patterns drawn at random)						
1st dan to 2nd dan	As above	Kwang Gae	at least 6	1v1	Head high jumping kick (your choice)	At least 3	1 year	120
		Po Eun		2v1	Flying side kick (3+ people)			
		Taeguk 5 to Koryo			Turning kick 2"			
					Side kick 2"			
					Tiles			



2nd dan to 3rd dan	As above	All previous patterns +	at least 6	1v1	Double air break (your choice)	2 years	240
		Gae bek		At least 2v1	Flying side kick (3+ people)		
		Yoo Sin			Turning kick (at least 2". TBC by examiner)		
		Keumgang			Side kick (at least 2". TBC by examiner)		
		(Previous patterns drawn at random)			Tiles		
3rd dan to 4th dan	As above	All previous patterns +	at least 6	1v1	At least double air break (# TBC by examiner)	At least 4 competitions (sparring or poomsae)	3 years
		Choong jang		At least 2v1	Flying side kick (3+ people)		
		Ul Ji			Turning kick (at least 2". TBC by examiner)		
		Taebaek			Side kick (at least 2". TBC by examiner)		
		(Previous patterns drawn at random)			Tiles		
4th - 5th dan	As above	All previous patterns +	at least 6	1v1	At least double air break (# TBC by examiner)	4 years	400
		Pyongwon					
		Sipjin.		At least 2v1	Flying side kick (3+ people)		
		(Previous patterns drawn at random)			Turning kick (at least 2". TBC by examiner)		
					Side kick (at least 2". TBC by examiner)		
					Tiles		

