

| v4 I am _____ | Required Kicks | Required Patterns | One step sparring/ grabs | Sparring | Required breaks (# of boards/tiles can vary due to age, weight etc) | Cumulative competition experience since joining Taekwondo (sparring or poomsae) | Min. time since last grading | Recommended number of classes |
|---|---|--|-----------------------------|----------|---|--|------------------------------------|-------------------------------------|
| White belt to yellow tip (you only get yellow tip if you can't do chonji, this is usually only very young students) | Front kick, side kick | Right hand pattern, Left hand pattern | | | | | | 10 |
| White belt to Yellow | Front kick, side kick turning kick | Right hand, left hand, chon ji | | | | | | 10 |
| Yellow to Green tip | Turning Kick, side kick, Axe kick, crescent kick, back kick, reverse turning kick | | | | | | 3 months | 20 |
| Manly, Beacon Hill Mosman | | chonji, Dan gun (yellow belt pattern) | | | | | | |
| Chatswood, Lindfield, NSG | | Taeguk 1 and Chonji | | | | | | |
| Green tip to Green | Back kick, cut kick, reverse turning kick | | at least 2 | Yes | | | 3 months | 20 |
| Manly, Beacon Hill Mosman | | Dan gun, Do San (green tip) | | | | | | |
| Chatswood, Lindfield, NSG | | Taeguk 1 and 2 | | | | | | |
| Green to Blue tip | pal chagi (sliding turning kick), cut kick + back kick, turning kick + reverse turning | | at least 3 | Yes | | | 3 months | 20 |
| Manly, Beacon Hill Mosman | | Dan gun, Won Ho (green) | | | | | | |
| Chatswood, Lindfield, NSG | | Taeguk 2 and 3 | | | | | | |
| Blue tip to Blue | sliding turning + sliding axe, counter turning, narae chagi (double turning kick) | | at least 4 | Yes | At least 1 competition (sparring and/or poomsae) | | 3 months | 30 |
| Manly, Beacon Hill Mosman | | Won ho, Yul Gok (blue tip) | | | | | | |
| Chatswood, Lindfield, NSG | | Taeguk 3 and 4 | | | | | | |
| Blue to Red tip | Double cut + switch counter turning, spinning turning kick (tornado kick), narae chagi (double turning kick) | | at least 4 | Yes | | | 3 months | 30 |
| Manly, Beacon Hill Mosman | | Yul gok Jung Geun (blue) | | | | | | |
| Chatswood, Lindfield, NSG | | Taeguk 4 and 5 | | | | | | |



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|--------------------------------------|---|--|------------|-----|---|--|----------|----|
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| Red tip to Red | cut + axe + counter back kick, cut + punch + same leg 2x turning, Pendulum palchagi + rev turning | | at least 5 | Yes | | | 6 months | 40 |
| Manly, Beacon Hill Mosman | | Jung Geun, Toi Gye (red tip) | | | | | | |
| Chatswood, Lindfield, NSG | | Taeguk 5 and 6 | | | | | | |
| | | | | | | | | |
| Red to black tip | Pal chagi + tornado + narae chagi, offset cut + dollyo chagi + same leg crescent, half step switch turning + front leg axe + punch + crescent | | at least 5 | Yes | | At least 2 competitions since starting TKD (sparring and/or poomsae) | 6 months | 40 |
| Manly, Beacon Hill Mosman | | Toi Gye, Hwarang (red belt) | | | | | | |
| Chatswood, Lindfield, NSG | | Taeguk 6 and 7 | | | | | | |
| | | | | | | | | |
| Black tip to Cho dan bo (Black belt) | cut + 2x follow + standard counter, cut + front leg narae chagi + switch rev turning, counter turning + counter back + cut + back kick | | at least 6 | Yes | | | 6 months | 20 |
| Manly, Beacon Hill Mosman | | Taeguk 1-4 | | | | | | |
| Chatswood, Lindfield, NSG | | Tuesday and Thursday students Taeguk 7 and 8 and yellow belt through to blue tip | | | | | | |
| | | | | | | | | |
| Cho dan bo to 1st Dan | As above | (Previous patterns drawn at random) | at least 6 | Yes | Flying side kick (3 people), turning kick, side kick, tiles | | 6 months | 60 |
| Manly, Beacon Hill Mosman | | Chon ji up to Choong Moo | | | | | | |
| Chatswood, Lindfield, NSG | | Chon ji up to Taeguk 8 | | | | | | |
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|--------------------|----------|---|------------|--------------|--|--|---------|-----|
| 1st dan to 2nd dan | As above | Kwang Gae, po eun, Koryo | at least 6 | 1v1 | Head high jumping kick (your choice) | At least 3 competitions since starting TKD (sparring or poomsae) | 1 year | 120 |
| | | Random selection from both Chon ji to Choong moo and Taeguk 1-8 | | 2v1 | Flying side kick (3+ people) | | | |
| | | Be able to teach Taeguk 1-8 | | | Turning kick 2" | | | |
| | | | | | Side kick 2" | | | |
| | | | | | Tiles | | | |
| 2nd dan to 3rd dan | As above | All previous patterns + | at least 6 | 1v1 | Double air break (your choice) | | 2 years | 240 |
| | | Gae bek | | At least 2v1 | Flying side kick (3+ people) | | | |
| | | Yoo Sin | | | Turning kick (at least 2". TBC by examiner) | | | |
| | | Keumgang | | | Side kick (at least 2". TBC by examiner) | | | |
| | | (Previous patterns drawn at random) | | | Tiles | | | |
| | | Be able to lead a whole class | | | | | | |
| 3rd dan to 4th dan | As above | All previous patterns + | at least 6 | 1v1 | At least double air break (# TBC by examiner) | At least 4 competitions (sparring or poomsae) | 3 years | 320 |
| | | Choong jang | | At least 2v1 | Flying side kick (3+ people) | | | |
| | | Ul Ji | | | Turning kick (at least 2". TBC by examiner) | | | |
| | | Taebaek | | | Side kick (at least 2". TBC by examiner) | | | |
| | | (Previous patterns drawn at random) | | | Tiles | | | |
| | | 3 years teaching experience | | | | | | |
| 4th - 5th dan | As above | All previous patterns + | at least 6 | 1v1 | At least double air break (# TBC by examiner) | | 4 years | 400 |
| | | Pyongwon | | | | | | |
| | | Sipjin. | | At least 2v1 | Flying side kick (3+ people) | | | |
| | | (Previous patterns drawn at random) | | | Turning kick (at least 2". TBC by examiner) | | | |
| | | Be able to run a school/location | | | Side kick (at least 2". TBC by examiner) | | | |
| | | | | | Tiles | | | |

