

v4 I am ____	Required Kicks	Required Patterns	One step sparring/ grabs	Sparring	Required breaks (# of boards/tiles can vary due to age, weight etc)	Cumulative competition experience since joining Taekwondo (sparring or poomsae)	Min. time since last grading	Recommended number of classes
White belt to yellow tip (you only get yellow tip if you can't do chonji, this is usually only very young students)	Front kick, side kick	Right hand pattern, Left hand pattern						10
White belt to Yellow	Front kick, side kick turning kick	Right hand, left hand, chon ji						10
Yellow to Green tip	Above + Axe kick, crescent kick, back kick, reverse turning kick						3 months	20
Manly, Beacon Hill Mosman		chonji, Dan gun (yellow belt pattern)						
Chatswood, Lindfield, NSG		Taeguk 1 and Chonji						
Green tip to Green	As above		at least 2	Yes			3 months	20
Manly, Beacon Hill Mosman		Dan gun, Do San (green tip)						
Chatswood, Lindfield, NSG		Taeguk 1 and 2						
Green to Blue tip	As above + pal chagi (sliding turning kick), cut kick		at least 3	Yes			3 months	20
Manly, Beacon Hill Mosman		Dan gun, Won Ho (green)						
Chatswood, Lindfield, NSG		Taeguk 2 and 3						
Blue tip to Blue	As above		at least 4	Yes		At least 1 competition (sparring and/or poomsae)	3 months	20
Manly, Beacon Hill Mosman		Won ho, Yul Gok (blue tip)						
Chatswood, Lindfield, NSG		Taeguk 3 and 4						



Blue to Red tip	As above + spinning turning kick (tornado kick), narae chagi		at least 4	Yes			3 months	20	
Manly, Beacon Hill Mosman		Yul gok Jung Geun (blue)							
Chatswood, Lindfield, NSG		Taeguk 4 and 5							
Red tip to Red	As above		at least 5	Yes			3 months	20	
Manly, Beacon Hill Mosman		Jung Geun, Toi Gye (red tip)							
Chatswood, Lindfield, NSG		Taeguk 5 and 6							
Red to black tip	As above		at least 5	Yes		At least 2 competitions since starting TKD (sparring and/or poomsae)	3 months	20	
Manly, Beacon Hill Mosman		Toi Gye, Hwarang (red belt)							
Chatswood, Lindfield, NSG		Taeguk 6 and 7							
Black tip to Cho dan bo (Black belt)	As above		at least 6	Yes			3 months	20	
Manly, Beacon Hill Mosman		Taeguk 1-4							
Chatswood, Lindfield, NSG		Tuesday and Thursday students Taeguk 7 and 8 and yellow belt through to blue tip							
Cho dan bo to 1st Dan	As above	(Previous patterns drawn at random)	at least 6	Yes		Flying side kick (3 people), turning kick, side kick, tiles	6 months	60	
Manly, Beacon Hill Mosman		Chon ji up to Choong Moo							
Chatswood, Lindfield, NSG		Chon ji up to Taeguk 8							
1st dan to 2nd dan	As above	Kwang Gae, po eun, Koryo	at least 6	1v1		Head high jumping kick (your choice)	At least 3 competitions since starting TKD (sparring or poomsae)	1 year	120
		Random selection from both Chon ji to Choong moo and Taeguk 1-8		2v1		Flying side kick (3+ people)			
		Be able to teach Taeguk 1-8				Turning kick 2"			
						Side kick 2"			
						Tiles			



2nd dan to 3rd dan	As above	All previous patterns +	at least 6	1v1	Double air break (your choice)	2 years	240	
		Gae bek		At least 2v1	Flying side kick (3+ people)			
		Yoo Sin			Turning kick (at least 2". TBC by examiner)			
		Keumgang			Side kick (at least 2". TBC by examiner)			
		(Previous patterns drawn at random)			Tiles			
		Be able to lead a whole class						
3rd dan to 4th dan	As above	All previous patterns +	at least 6	1v1	At least double air break (# TBC by examiner)	At least 4 competitions (sparring or poomsae)	3 years	320
		Choong jang		At least 2v1	Flying side kick (3+ people)			
		Ul Ji			Turning kick (at least 2". TBC by examiner)			
		Taebaek			Side kick (at least 2". TBC by examiner)			
		(Previous patterns drawn at random)			Tiles			
		3 years teaching experience						
4th - 5th dan	As above	All previous patterns +	at least 6	1v1	At least double air break (# TBC by examiner)	4 years	400	
		Pyongwon						
		Sipjin.		At least 2v1	Flying side kick (3+ people)			
		(Previous patterns drawn at random)			Turning kick (at least 2". TBC by examiner)			
		Be able to run a school/location			Side kick (at least 2". TBC by examiner)			
					Tiles			

