

Category (block, kick etc)	Hangul	English pronunciation	English translation
품새에서 나오는			
서기		<b>Seogi</b>	<b>Stance</b>
	앞서기	Ap seogi	Walking stance
	앞굽이	Ap kubi	Forward/front stance
	뒷굽이	Dwitkubi	Back stance
	주춤서기	Juchum seogi	horse riding stance
막기		<b>Makki</b>	<b>Blocking</b>
	아래막기	Arae Makki	Low block
	몸통막기	Momtong Makki	Body/middle block
	얼굴막기	Olgul Makki	Face block
	손날막기	Sonnal makki	Knife hand block
지르기		<b>Jireugi</b>	<b>Punching</b>
	몸통지르기	Momtong-Jireugi	Body Punch
차기		<b>Chagi</b>	<b>Kicking</b>
	앞차기	Ap Chagi	Front Kick
	돌려차기	Dollyo Chagi	Turning kick
	옆차기	Yop Chagi	Side Kick
	뒷차기	Dwit Chagi	Back Kick